

## evaluation process

The evaluation process is critical to the success of the program and to the success of each student. To ensure the best possible outcomes, we will work closely with the parent/guardian throughout the duration of the program to set or alter goals for each student on an individual basis. Each student will be evaluated on skills learned as well as goals met. Throughout the program we evaluate each session to see how the student is responding to the instructor and finally, evaluations will be conducted every other week throughout the program.

Additional meetings will occur as needed with the parent or guardian during the program to discuss the student's progress as well as to set new goals as needed.



**For more information,  
please contact:**

**Tefany Bleuel  
Aquatic & Fitness Manager  
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# ADAPTIVE AQUATICS

**Versailles-Woodford County  
Parks & Recreation  
275 Beasley Drive  
Versailles, KY 40383  
(859) 873-5948  
www.vwcparcsrec.com**

## welcome

The Versailles-Woodford County Parks & Recreation Department's Adaptive Swim Lessons Program is offered to any child or adult with special needs. The goal of this program is to provide our students with a structured aquatic experience designed to make them feel comfortable and safe while swimming.

The program is designed to serve all ability levels by incorporating a "Learn-to-Swim" progression for individuals with physical, neurological, developmental and cognitive impairments. Participants are taught swim skills, water safety and independence.

## about the program

- Open to any person with special needs
- Classes are one hour long
- Classes are held at Falling Springs Center
- One-on-one instruction by a trained instructor

## cost

10- 30 minute sessions for \$150

15-30 minute sessions for \$210

20- 30 minute sessions for \$270



## our goal

We strive to provide participants with a safe and fun environment in which to learn water safety and aquatic skills as well as experience the pure enjoyment of the aquatic environment.

The Adaptive Aquatics Program will teach students with mental or physical challenges the importance of safety in and around swimming pools and other bodies of water.

With repetition and review, the goal is to progress each student to a level of awareness and ability to achieve success at the level to which they are able.

In addition to water safety and swim skills the Adaptive Aquatics program also strives to increase the student's self-esteem, maintain a level of health and fitness appropriate to the student's physical and developmental level as well as provide an outlet for social interactivity with family, friends and peers.

## what to expect

It is difficult to predict the kind of progress each individual student will make. Each person learns in different ways and at different rates. Our instructors will tailor their techniques to best fit each student, however some students take longer to adjust to the water than others. We ask that our students, their families and their aides be supportive throughout the swim lesson process as well as maintain open communication with their Adapted Aquatics Instructor about their personal goals, needs and concerns.

## getting started

To get started in the Adaptive Aquatics program, please contact the Tefany Bleuel, Aquatics Manager at (859) 873-5948 or by email at [tbleuel@wvcparksrec.com](mailto:tbleuel@wvcparksrec.com) and set up a time to pick up an information packet. Please complete the packet and return it to Tefany at Falling Springs center. Once your info packet is complete, Tefany will contact you to discuss the individual goals for the participant. Together we will decide which instructor will best fit your needs and your availability. You will then meet with your instructor to review goals, the lesson plans and materials needed (for example, pictures, signs or other communication tools). Once this meeting is complete you will work with your child's instructor to set a schedule for your lessons.

If needed, staff, instructor, lifeguard and facility pictures can be provided.

