

POOL CLOSINGS

Pools close at **4 PM** for high school swim meets on the following Wednesdays:

Nov. 15	Jan. 10
Nov. 29	Jan. 17
Dec. 6	Jan. 24

The pools will be closed all day for swim meets on the following dates:

Oct 28	TNT Katie Brandenburg Memorial Meet
Dec. 16	Woodford Co Invitational Swim Meet
Jan. 6	TNT Iron Swimmer Meet
Feb. 9-10	High School Regional Swim Meet



THERAPY POOL

- The Therapy Pool is open the same hours as the lap pool.
- Any individual aged 16 or over may utilize the Therapy Pool when it is not being used for an organized class or program.
- The Therapy Pool is also utilized for Parks & Recreation group and private swim lessons throughout the year. Depending on class size, the Therapy Pool may be unavailable when swim lessons are in session.

LAP SWIM PROTOCOL

1. Swimmers may be required to share lanes during busy times. Without lane sharing only one person per lane (a maximum of 8 swimmers) could enjoy the pool at a time.
2. It is common lap swimming etiquette for swimmers to share lanes as follows:
 - A. SWIMMING SIDES - with two swimmers in a lane, each swimmer should pick a side and stay on that side.
 - B. CIRCLE SWIMMING - When there are three or more swimmers in a lane, swimmers should "circle swim," which means to swim in a circle within the lane, always staying to the right side.
3. If there are more than two swimmers in a lane, be considerate when passing, by speeding up or, when passed, by slowing down so the pass may be made quickly.
4. If you find you are in a lane that is too slow for you, please move to a lane with swimmers closer to your swimming speed.
5. Never dive into the shallow end of the pool and never dive into a lane that is already being used. Please tap the swimmer's foot or hand to let them know you are entering the lane.
6. Be considerate to others. Look where you are swimming.
7. Lap swimmers should swim within the lap lane lines only. This is for your safety and the safety of other patrons. If no one else is swimming in the pool, please ask the life-guard on-duty before lap swimming OUTSIDE the lanes.
8. If you have any questions about lap swimming, please see the Aquatic Manager or the Head Guard on-duty.

Thank you for observing Falling Springs' Lap Swim Etiquette. We want everyone to have a safe, enjoyable experience when visiting the facility.



VERSAILLES WOODFORD
PARKS & RECREATION

LAP POOL & THERAPY POOL SCHEDULES & GENERAL INFO


FALLING SPRINGS
CENTER
MORE THAN JUST A GYM

Updated 10.3.17
Schedule is subject to change without notice.

For questions or more info, please contact Fitness/Aquatics Manager Tefany Bleuel at 873-5948 x 227 or tbleuel@vwcparksrec.com.

POOL SCHEDULES

POOL HOURS
 M-F 5:30AM-8:30PM
 Sat 7 AM-7 PM
 Sun 10 AM-7 PM

**FALL &
 WINTER
 2017-2018**

LAP POOL SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-8 AM	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	POOLS OPEN @ 7AM	
8-9:30 AM	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	Swim Less - Lane 1 8-9 AM	
9:30-11 AM	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	TNT - Lanes 1-4 9:30-11 AM	POOLS OPEN @ 10 AM
11 AM-4 PM	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	ALL LANES OPEN	Swim Less - Lane 1 11:30 AM-12:30 PM	ALL LANES OPEN
4-5:30 PM	TNT — Lanes 1-4	TNT — Lanes 1-4	TNT — Lanes 1-4	TNT — Lanes 1-4	TNT — Lanes 1-4	ALL LANES OPEN	ALL LANES OPEN
5:30-7 PM	Swim Less - Lane 1 6:30-7:15 PM	Swim Less - Lane 1 5:45-6:30 PM	Swim Less - Lane 1 6:30-7:15 PM	Swim Less - Lane 1 5:45-6:30 PM	ALL LANES OPEN	ALL LANES OPEN UNTIL 6:30 PM	ALL LANES OPEN UNTIL 6:30 PM
7-8:30 PM	WCHS Lanes 1-4 7-8:30 PM	WCHS Lanes 1-4 7-8:30 PM	WCHS Lanes 1-4 7-8:30 PM	WCHS Lanes 1-4 7-8:30 PM	ALL LANES OPEN		

THERAPY POOL SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30-9:30 AM	OPEN	OPEN	OPEN	OPEN	OPEN	OPENS at 7 AM	
9:30 AM-12 PM	Aquatic Therapy Class 9:30-10:30 AM	Short Circuit Class 10:45-11:45 AM	Aquatic Therapy Class 9:30-10:30 AM	Short Circuit Class 10:45-11:45 AM	OPEN	8:30-10:45 AM Swim Lessons	OPENS AT 10 AM
12-8:30 PM	Swim Lessons 5:30-7:15 PM	Swim Lessons 5:15-7:30 PM	Swim Lessons 5:30-7:15 PM	Swim Lessons 5:15-7:30 PM	OPEN	CLOSES AT 6:30 PM	CLOSES AT 6:30 PM

NOTES

- Be courteous and share lanes if needed
- Be courteous of Water Fitness Classes & Swim Lessons - use a lane if needed
- Lap lanes are reserved for lap swim, teams and higher level lessons only
- Times are subject to change

Private swim lessons & adaptive aquatic swim lessons are offered in the therapy pool. These are not on a set schedule. There is a schedule board outside the therapy pool listing the private lessons for that day.

CHANGE UP YOUR WORKOUT AND TRY SOMETHING NEW! AQUATIC & LAND FITNESS CLASS BROCHURES ARE AVAILABLE IN THE LOBBY!