

RELEASE & WAIVER OF LIABILITY

RELEASE AND INDEMNIFICATION FORM *READ CAREFULLY BEFORE SIGNING*

In consideration of the acceptance of my entry in the Tiki Trot 10K, 5K & Fun Run,

1. I hereby agree to comply with all the rules, regulations and event instructions of the Tiki Trot 5K & Fun Run and its directors.
2. For myself, my executors, administrators, heirs, next of kin, successors and assigns, I HEREBY (a) waive and release any and all claims that I may have against the Tiki Trot 10K, 5K & Fun Run, its event committee, their officers, directors, members, volunteers, employees, sponsors, or any one or more of their executors, administrators, heirs, next of kin, successors or assigns (their releases) including any and all claims for damage caused by the event and its related activities, together with any costs, including attorney's fees, that may be incurred as a result of any such claim whether valid or not, and (b) indemnify and hold harmless and release each of them against any such claim that I or my guests or any one or more of my or their executors, administrators, heirs, next of kin, successors or assigns may have or assert and against any costs including attorney's fee with respect thereto.
3. I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during the Tiki Trot 10K, 5K & Fun Run event and its related activities.
4. I hereby acknowledge that participation in the Tiki Trot 10K, 5K & Fun Run carries potential hazards. I therefore release the Tiki Trot 10K, 5K & Fun Run, its event committee, their officers, directors, members, volunteers, employees or sponsors of any liability resulting from injury or death during the event and its related activities.
5. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition and that my physical condition has been verified by a licensed medical doctor.
6. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and / or illness during the Tiki Trot 10K, 5K & Fun Run.
7. I hereby acknowledge that refunds will not be given for injuries, illness, schedule conflicts, inclement weather, etc. I also understand and agree that in the event of race cancellation or alteration due to storm, rain, inclement seas, or weather, winds or other "Acts of God" conditions, my enrollment fee shall be non-refundable.
8. I grant full permission to the Versailles-Woodford County Parks & Recreation Department and all sponsors and/or agents authorized by them, to use any photographs, video footage, motion pictures, recordings or any other record of this event for any purpose.

Signature of participant or guardian

Date

Mail to: Versailles-Woodford Co. Parks & Recreation
Attn: Tiki Trot 10K, 5K & Fun Run
275 Beasley Drive
Versailles, KY 40383

VERSAILLES WOODFORD
PARKS & RECREATION
275 Beasley Drive
Versailles, KY 40383



TIKI TROT
10K | 5K | FUN RUN

WOODFORD COUNTY PARK
FRIDAY, JULY 26

VERSAILLES WOODFORD
PARKS & RECREATION

275 BEASLEY RD
VERSAILLES, KY 40383
859.873.5948
WWW.VWCPARKSREC.COM

2019 TIKI TROT

LOCATION

Woodford County Park is in Versailles, KY, just 10 miles west of Lexington, 60 miles east of Louisville, 100 miles south of Cincinnati & 180 miles north of Knoxville.

ABOUT THE RACE

The 2019 Tiki Trot, to be held Friday, July 26, is a fun, family oriented event held at the Woodford County Park, the majority of which is on a cross country course. Keeping with the theme, the course will be lit with Tiki Torches & all race finishers will receive a very special welcome as they cross the finish line. If you're up for even more fun, wear your best island attire during the race!

The 10K & 5K events are chip timed by Race Rise.

Proceeds benefit the Versailles-Woodford County Parks & Recreation Scholarship Fund. This fund offers assistance to Woodford County families in financial need so they can participate in Parks & Recreation programs as well as utilize Falling Springs Center. Scholarships are provided for adult & children in programs such as swim lessons, martial arts, youth sports & more, as well as for passes to Falling Springs Center.

Everyone deserves a chance to move, be active & get healthy. Your participation will help make that happen!

Course Description

- 1-Mile Fun Run/Walk Course:** Enjoy a torch lit walk or run on a 1-mile course on the County Park Trails.
- 10K & 5K Courses:** The 5K & 10K races are held on the Woodford County Park cross-country course, one of the most beautiful & challenging courses in the state. The route will be further enhanced by Tiki Torches that will light the course on race day. It will make for a perfect summer evening! **(10K & 5K race entry includes the Fun Run!)**

For a detailed course map pick up a copy at Falling Springs Center or online at www.vwcparksrec.com.

Water Stations

There will be multiple water stations on the 5K & 10K courses & at the finish line.

Entry Fees

By July 15	After July 15	Race Day
10K \$30	10K \$35	10K \$40
5K \$20	5k \$25	5k \$30
Fun Run \$10	Fun Run \$15	Fun Run \$20

A NOTE ON RACE SHIRTS:

You **MUST** register by **July 21** to be **GUARANTEED** a race shirt. A **LIMITED** number of additional shirts will be ordered when the order is placed **Monday morning, July 23** & these will be assigned first come, first served to late registrations. There is a **VERY GOOD** possibility that there will be **NO** shirts available on race day, so register early to insure you get one!

Registration Information

- You may register by mail, at Falling Springs Center or online at www.vwcparksrec.com. *Please note: online registration closes at 12 PM on Thursday, July 25!*
- Race Day Registration: Accepted **in the office at Falling Springs Center** until 6 PM. *(Please note that race shirts are not guaranteed after July 21)*
- Packet pick-up will be at Falling Springs Center until 5 PM & then moves to Huffman Pavilion at 5:15 PM.

Race Day

- 1 Mile Fun Run/Walk begins at 6:30 PM
- 10K begins at 7:00 PM
- 5K begin at 7:15 PM

Awards

Awards will be presented for the 10K & 5K at the Falling Springs Splash Pool after the race, so plan to stick around for the Moonlight Swim! We will have plenty to eat, door prizes, food & much more! Awards will be presented to the top 3 overall male & female finishers and to the top 3 male & female finishers in each age group (age groups are in 5 year increments from 10 & under through 70+). Age is based on participant's age on December 31, 2019.

Volunteers

Anyone willing to volunteer to help with the race should contact Tefany at 859.873.5948 or at tbleuel@vwcparksrec.com.

Refund Policy

Refunds are not given for injuries, illness, schedule conflicts, inclement weather, etc. after July 21, 2019. The Versailles-Woodford County Parks & Recreation Department reserves the right to alter the format or cancel events for safety reasons due to inclement weather, course conditions, or other unforeseen circumstances. If the course is altered due to unforeseen circumstances or if the race is cancelled due to inclement weather, there will be no refunds. For insurance purposes, there is no transferring of bib numbers to another athlete.

Event Questions

If you have questions, please contact Rainey at 859.873.5948 or rjohns@vwcparksrec.com. Race info & online registration at www.vwcparksrec.com.

MOONLIGHT SWIM

Join us at the Falling Springs Splash Pool immediately following the race for awards, music, door prizes, food & fun!

Race participants & their families are admitted free of charge with a race bib!

Don't forget your bathing suit & towel!



KENTUCKY FARM BUREAU INSURANCE 2019 TIKI TROT 5K & FUN RUN REGISTRATION *(ENTRIES ARE NON-TRANSFERABLE)*

Name _____ Sex: M / F

Age _____ Birth date _____

Address _____

City / State / Zip _____

Daytime Phone _____ Evening Phone _____

Email Address: _____

Shirt Size (Circle):

YS YM YL YXL AS AM ALG AXL AXXL

RACE ENTRY FEES *(Race shirt not guaranteed after July 21)*

Remember, 10K & 5K registration include entry to the Fun Run!

By July 15:	After July 15:	Race Day:
<input type="checkbox"/> 10K - \$30	<input type="checkbox"/> 10K - \$35	<input type="checkbox"/> 10k - \$40
<input type="checkbox"/> 5K - \$20	<input type="checkbox"/> 5K - \$25	<input type="checkbox"/> 5k - \$30
<input type="checkbox"/> Fun Run - \$10	<input type="checkbox"/> Fun Run - \$15	<input type="checkbox"/> Fun Run - \$20

Amount Enclosed: _____

Method of Payment: Cash Check Credit Card

Credit Card # _____

Expiration _____ Security Code _____

I authorize the Versailles-Woodford County Parks & Recreation Department to charge my credit card in the above listed amount.

Card Holder's Signature _____ Date _____

Please make checks payable to: VWCPRD

Release & Waiver of Liability Required!
COMPLETE BOTH SIDES!


275 BEASLEY DRIVE
VERSAILLES, KY 40383
859.873.5948
WWW.VWCPARKSREC.COM

DETACH & MAIL WITH PAYMENT