

## CHURCH VOLLEYBALL RULES

Please keep in mind that the goal for the league is **FUN and FELLOWSHIP!** Please make sure that your team understands that this is a laid back league and takes a relaxed attitude towards it. While the official will attempt to call the games true to the rules, sometimes, based on the skill level of the teams playing, some flexibility will be necessary in order to make it fun for everyone.

Good luck and have a great season!!

### General League Information

#### **Schedule:**

Games will be played on Tuesdays and all teams are guaranteed a minimum of 8 games. **There will be NO games during Spring Break.** Note: Tournament play will begin the week following the last regular season game.

#### **Website:**

- ([www.vwcparksrec.com](http://www.vwcparksrec.com)) Schedules will be posted online. League standings will be posted each week.

#### **League Champs:**

- The best overall record will determine the league champ.
- Ties will be broken first by head-to-head record between the tied teams and second, fewest total points allowed over the course of the season.

#### **Awards:**

- The League & Tournament Champions will each receive 12 t-shirts.

#### **Managers/Coaches:**

- Team managers/coaches will be responsible for the overall conduct of their team and fans, and will see that all players are familiar with the rules and regulations for the Versailles-Woodford County Parks and Recreation Department Church Volleyball League. The privilege of entering the league next season will be based on the conduct of a team's coaches, players and fans.

#### **Rosters:**

- All players must be at least 16 years of age to participate. Players 16 or 17 years of age are required to have a parent or legal guardian sign the roster.
- Team rosters may contain no more than 15 players.
- All players on a church team's roster must be members or regular attendees of that church.
- Each team is allowed 3 roster slots for non-members for outreach purposes. These players must be clearly identified on the roster.
- **A pastor or other church minister must submit a statement on church letterhead listing the names of the players that appear on the roster and note whether each player is a member or non-member.**
- Church teams **may add players to their roster through the start of the 3<sup>rd</sup> week of the season** by submitting a letter, email or fax from the Pastor or other minister requesting to add a player, the player's name and if the player is a church member or one of the 3 non-members. This must be done through the Parks and Recreation offices during regular office hours. Players will not be added to rosters in the gymnasium prior to a game. Roster changes may not be made after the 3<sup>rd</sup> week of league games.
- Players may not transfer from one team to another at any point during a season.

#### **Identification:**

- All players must be prepared to present a picture ID upon the request of any game official or other Parks and Recreation Department representative. (This is for roster questions and identification of players.) If an ID is requested and not provided, the player will not be allowed to play.

#### **Uniforms:**

- All teams are asked to wear matching colors, though identical jerseys are not necessary.

#### **Game ball:**

- Parks and Recreation will supply a game ball. Teams should bring their own volleyballs for warm-up.

**Arrival at Games:**

- Players may arrive no more than 30 minutes prior to their scheduled game time. Those who arrive earlier will be required to pay the daily rate or swipe their FSARC pass card if they are a member.
- Once arriving, players **may only be on the court designated for league play**. Other courts are for paying patrons and members, not for leagues.

**Insurance:**

- The Versailles-Woodford County Parks and Recreation Department does not provide individual accident insurance for its participants in this program. Each player is responsible for his or her own medical insurance coverage. The Department urges all coaches and players that incur an accident/injury situation to report the incident to the gym supervisor immediately so that appropriate measures may be taken.

**Water:**

- Water is allowed in the Falling Springs gymnasium by players, coaches, and game officials only and is required to be in a sealed container. **Food and other drinks are NOT allowed** (this includes sports drinks). Spectators may not bring food or drinks into the gym.

**Protest Regulations:**

- Only protests regarding ineligible player(s) will be accepted and considered valid. Protests involving the judgment of an official will not be given consideration. The team manager is the only participant allowed to file a protest. The manager must immediately inform the game official, after all play has stopped, of the intent to protest. The gym supervisor and official will confer if necessary. **ALL DECISIONS RENDERED BY THE GYM SUPERVISOR OR GAME OFFICIAL ARE FINAL.** The manager then has the option of filing a written protest, accompanied by a \$25 fee, to the Parks and Recreation Department by 5:00 PM the following work day. If the protest is upheld, the \$25 fee will be refunded. In all protest situations, the game will continue from the point of protest.

**Player Eligibility Disputes:**

1. If there is a question about a player's eligibility during a game, then the game is stopped and the official and both coaches check the roster. ID's are checked if necessary, and at that point any ineligible players are removed.
2. The opposing team may decide to:
  - a. Play the game from that point on without the ineligible player and abide by the outcome of the game.
  - b. Choose to win by forfeit.
3. The decision of the opposing coach is final and cannot be changed, disputed or protested at any point after play resumes, regardless of the outcome of the game.

**Conduct:**

- Any player assessed 2 yellow cards during the season will be removed from the game in which he/she received the 2<sup>nd</sup> yellow card and will be suspended for one game. The third yellow card an automatic suspension for the remainder of the league and tournament, **NO EXCEPTIONS!**
- Any player assessed a red card will be removed from the game in which he/she received the red card and will be suspended for one game. If he or she receives another yellow or red card at any point during the season, he or she will be suspended for the remainder of the league and tournament, **NO EXCEPTIONS!**
- Parks & Rec staff, gym supervisors and/or game officials have the authority to eject a player or spectator and to forfeit a game without warning for any conduct deemed unsportsmanlike or detrimental to the game.
- Any player ejected from a game will receive an automatic one game suspension. Depending on the incident and upon review, the Versailles-Woodford County Parks and Recreation Department reserves the right to determine the length of the suspension. Each incident will be reviewed and the team manager will be informed of the decision within a reasonable length of time.
- Any participant involved in physically or verbally assaulting an official or a Parks and Recreation employee will be subject to the Physical and Verbal Altercation Policy. Comments such as, "I will take care of you later," or "I'll meet you in the parking lot," are considered threats and will be taken seriously. When players are listed on a team's roster it is understood that the team manager will notify them of all rules and regulations including the Physical and Verbal Altercation Policy.

## PLAYING RULES:

1. Using the rally scoring system, each match will consist of two out of three games to 25 points. The winner of each game is the team that scores 25 points and is ahead by two or the first team to 30 points.
2. A coin flip will decide side and serve for the first and third games.
3. **One game official will be provided. Teams must call their own lines. The official has the final say on any disagreements.**
4. **Each team will consist of six players. Teams must field six players, two of whom must be women. A minimum of four players must be present to start the match. If a team starts with four players, one player must be female or it is considered a forfeit.**
5. Teams may not hold out players or substitute players in order to play with 4 or 5 players instead of six. This is a six-on-six league.
6. If you have started a game with 4 or 5 players and a player arrives late, he or she can enter the game at the server position only.
7. Substitutes will enter at the serving position at each rotation. If you start a match using your subs, they must substitute in sequence throughout the game. There are two exceptions to this rule: #1—injury so that a player can no longer play #2—the female player requirement would be violated.
8. At the start of the game, the referee will signal readiness to play and give a verbal or visible signal to start.
9. Double hits, lifts, carries and throws are illegal and will be called as such.
10. **Players in the back row may not block or jump to spike in front of the 10-foot line.**
11. Players may not block or spike a serve.
12. Players cannot touch the net during play.
13. A player may go outside of the court to play the ball. However, a player may not cross the net-extended or step fully into the opposing teams playing area to play a ball.
14. Net serve scoring is legal, meaning any ball that is served and makes contact with the net and falls inbounds in the opposing court is a legal serve and should be played by the receiving team.
15. Playing areas shall be changed at the end of each game.
16. The ball may be played from the net.
17. The ball is playable when it passes inside the poles. If any part of the ball touches or goes over the poles, it is a fault.
18. A player may go outside the court to play the ball but not the playing area.
19. Three minutes will be given to teams between games.
20. The referee will stop play for injury and objects on the court.
21. A player may have more than one toss attempt when serving.
22. Contact with the ball is legal with any part of the body.
23. **Teams must have 4 players on the floor in order to not forfeit.**
24. **If a team forfeits 3 times, then they are out of the league. No refund.**
25. Physical and Verbal Altercation Policy is in effect. Coaches, players and spectators are responsible for knowing and abiding by this policy.
26. All USA Volleyball Rules apply unless otherwise noted.