

2021 FALLING SPRINGS KIDZ TRIATHLON

RELEASE AND INDEMNIFICATION FORM READ CAREFULLY BEFORE SIGNING

Parents please read carefully before signing and dating the following Release and Waiver Claim.

1. I and my child hereby agree to comply with all the rules, regulations and instructions of the Falling Springs Kidz Triathlon & its directors.
2. I give my child/ward (_____) permission to participate in the Kidz Triathlon and on the child's behalf as parent and/or legal guardian I HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the Versailles-Woodford County Parks & Recreation Department, and all of their directors, officers, agents, volunteers and employees, (hereinafter referred to as "Releasees") FROM ALL LIABILITY TO THE UNDERSIGNED, his/her personal representatives, assigns, heirs and next of kin FOR ANY AND ALL LOSS OR DAMAGE, AND ANY CLAIM OR DEMANDS THEREFORE ON ACCOUNT OF INJURY AND/OR EXPOSURE TO INFECTIOUS SYNDROMES OR DISEASES TO THE PERSON OR PROPERTY OR RESULTING IN ILLNESS AND/OR DEATH OF THE UNDERSIGNED ARISING OUT OF OR RELATED TO THE EVENT(S), WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE. BY PARTICIPATING OR ATTENDING THIS EVENT YOU ASSUME ALL RISKS WHETHER KNOWN OR UNKNOWN. HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Releasees and each of them FROM ANY LOSS, LIABILITY, DAMAGE, OR COST they may incur arising out of or related to the EVENT(S) WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES or otherwise.
3. I HEREBY acknowledge that THE ACTIVITIES OF THE EVENT(S) MAY BE DANGEROUS and involve the risk of exposure to infectious syndromes and diseases, serious illness, injury and/or death and/or property damage and ASSUME FULL RESPONSIBILITY FOR ANY RISK WHATSOEVER, INCLUDING BUT NOT LIMITED TO BODILY INJURY, EXPOSURE, DEATH OR PROPERTY DAMAGE arising out of or related to the ACTIVITY/ACTIVITIES whether caused by the NEGLIGENCE OF RELEASEES or otherwise.
4. I hereby acknowledge that I and/or my child/ward are responsible for all personal possessions and athletic equipment during the Kidz Triathlon and all related activities.
5. I hereby attest and verify that my child/ward is physically fit and has sufficiently trained for this competition and that my child's physical condition has been verified by a licensed medical doctor.
6. I hereby consent for my child/ward to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness during the Kidz Triathlon.
7. I hereby acknowledge that refunds will not be given for injuries, illness, schedule conflicts, inclement weather, etc. I also understand and agree that in the event of race cancellation or alteration due to storm, rain, inclement seas, or weather, winds or other "Acts of God" conditions, enrollment fees are non-refundable.
8. I hereby give permission for the Parks and Recreation Department or local media to photograph or video tape my child or myself during participation in this event and all activities before or after it and to utilize said photos or footage in advertising and/or promotion both in print and on the Department's website.

The undersigned has read the foregoing Release and Waiver Claim and fully understands it.

Parent/Guardian Signature

Date

Please complete both sides, sign, date & clip this entire portion & mail with payment to the address below .

VWCPRD
ATTN: Kidz Triathlon
275 Beasley Drive
Versailles, KY 40383 (Make checks payable to VWCPRD)

VERSAILLES WOODFORD
PARKS & RECREATION
275 BEASLEY DRIVE
VERSAILLES, KY 40383



AUGUST 21, 2021 | WOODFORD CO. PARK | VERSAILLES, KY
WWW.VWCPARKSREC.COM | 859.873.5948

2021 FALLING SPRINGS KIDZ TRIATHLON

DATE

Saturday, August 21

DIVISIONS & RACE TIMES

9-14 Yr Olds: 8:30 AM

5-8 Yr Olds: 9:30 AM

Division determined by age on race day.

SPACE IS LIMITED TO 150 TOTAL PARTICIPANTS, SO REGISTER EARLY!



LOCATION

Woodford County Park
275 Beasley Drive
Versailles, KY 40383

ENTRY FEES:

For entries postmarked on or before July 31: \$30/child

For entries postmarked on or after August 1: \$40/child

ENTRIES RECEIVED AFTER AUG. 15 ARE NOT GUARANTEED SHIRTS

****PLEASE NOTE THAT THERE IS NO RACE DAY REGISTRATION****

REGISTRATION

You may register in one of two ways:

Online: Visit www.vwcparksrec.com/special-events for the link.

(Online registration closes 9 AM on August 19)

In person: Submit an entry form and payment at Falling Springs Center

By mail: Send entry form & payment to:

VWCPRD

Attn: Kids' Triathlon

275 Beasley Drive

Versailles, KY 40383

Registrations must be received by Aug 15 to be guaranteed a race shirt! There is NO Race day registration. Space is limited to 150 participants!

PACKET PICK-UP

Race packets may be picked up at Falling Springs Center on Friday, August 20 between 10 AM and 5 PM or on Saturday morning prior to race time. Packets must be picked up no later than 30 minutes prior to the start of each race.

CHAPERONES

- Participants in the 5-8 year old race may be assisted in the transition area by ONE parent to help with shoes, helmets, etc.
- Participants in the 9-14 yr old division may not receive assistance in the transition area.
- Participants may not be accompanied during swim or bike segments but may be accompanied by a parent/guardian on the run course, however they may not be aided or carried in any way.

IT'S ABOUT THE FUN!

Remember, this event is for FUN!! It isn't about the competition but instead about encouraging healthy lifestyles and positive activities. We want to provide an opportunity for kids to be active, to challenge themselves and have a fun experience. Please help us as we strive to meet this goal!

VOLUNTEERS

We need your help!! If you can spend a few hours supporting youth in our community, please email Tefany at tbleuel@vwcparksrec.com or call her at 873-5948! We promise, you'll be inspired as you watch these kids...it's the coolest event of the year!

POST RACE ACTIVITIES

- All race finishers will receive a medal as they cross the finish line.
- After the second race an awards ceremony will be held and the top 3 finishers for each age group (5's, 6's, 7's, etc....) will be recognized.
- Post-race snacks and drinks will be available for the participants.
- All race participants are invited to swim at the Falling Springs Splash Pool after the race. Race participants will receive 2 free entries to the pools (for themselves & a guest). Other family members admitted with paid daily admission (\$5/ages 16 & up, \$3/ages 3-15).

DIVISION AND COURSE DESCRIPTIONS

9-14 YEAR OLD DIVISION

- The race will begin at **8:30 AM**.
- Participants must check in at the race desk **no** later than 8:00 AM.
- Upon arriving for the race, participants should take their bikes, shoes, water bottles and all other gear to the transition area, which is located on the pickle ball courts located at Falling Springs Center (behind the outdoor splash pool).
- Pre-race Instructions will begin at 8:15 AM.

5-8 YEAR OLD DIVISION

- Race is set to begin at 9:45 AM (or 30 min after the first race ends).
- Participants must check in at the race desk no later than 9:15 AM.
- AFTER THE FIRST RACE IS COMPLETED**, participants may take their bikes, shoes, water bottles & all other gear to the transition area located on pickleball courts at Falling Springs Center (behind the outdoor splash pool). **DO NOT take equipment into the transition area before the first race is completed!**
- Pre-race instructions will begin at approximately 9:30 AM.

SWIM COURSE

Both events begin with a swim in the Falling Springs Center pool.

- 9-14 yr olds: 100 yards (4 pool lengths, seeded start)
- 5-8 yr olds: 25 yards (1 pool length) **

****US Coast Guard approved life jackets are permitted in 5-8 division.**

BIKE COURSE

Following the completion of the swim portion of the event, participants will pick up their bicycle and complete the designated bicycle course for their age division. The 5-8 yr old bike course is within Woodford County Park (no main roads), the 9-14 yr old bike course follows the bike path to the middle school & back. Police and staff will be at all intersections.

- 9-14 yr olds: 3 miles
- 5-8 yr olds: 1.5 miles

Helmets are required! Two-wheeled self-propelled bicycles only - no scooters, tricycles or training wheels allowed!

RUN COURSE

The event concludes with the run leg. The finish line will be next to the transition area.

- 9-14 yr olds: 1.5 miles
- 5-8 yr olds: .5 mile

WATCH FOR DETAILS ON THE ANNUAL KIDZ TRI CLINIC SPONSORED BY CROSSROADS VETERINARY CLINIC!

2021 FALLING SPRINGS KIDZ TRIATHLON

Saturday, August 21, 2021

ENTRY FORM

Child's Name _____

Gender (Circle): M F

Birthdate _____ Age (on race day) _____

Address _____

City _____

State _____ Zip _____

Parent/Guardian Name: _____

Phone: (Home) _____

(Cell) _____

Email Address _____

T-Shirt Size (Circle): Youth Small (6-8) Adult Small

Youth Medium (10-12) Adult Medium

Youth Large (14-16) Adult Large

Adult XL

Age Division (Circle): 5-8 years 9-14 years

Swim Experience: To help us with seeding, if your child is in the **9-14 year old division**, is he or she a competitive swimmer and if so, what is his or her estimated 100 yard swim time? _____

Entry Fee:

\$30—Submitted/postmarked by July 31

\$40—all entries submitted/postmarked on or after Aug 1

NOTE:
REGISTRATIONS MUST BE RECEIVED NO LATER THAN AUGUST 15 TO BE GUARANTEED A RACE SHIRT

PLEASE COMPLETE BOTH SIDES OF FORM AND RETURN WITH FEE TO VERSAILLES-WOODFORD COUNTY PARKS & RECREATION.

