



Taekwondo for Kids

Program Information

The Versailles-Woodford County Parks and Recreation Department would like to thank you for registering your child for the Taekwondo for Kids program! This is a fun program that your child is sure to enjoy. The following information is designed to introduce you to the program and to make you aware of the format of the class, belt testing, belt progression and what to be prepared for as your child progress through the Taekwondo system. Please note that additional fees related to uniforms, belts, testing and sparring equipment would be incurred as your child progresses through the program. If you have questions about Taekwondo, please feel free to speak with your child's instructor.

What Is Taekwondo?

Taekwondo is a Korean Martial Art with an emphasis on fast footwork and snapping kicks that do not compromise power with the addition of speed.

Governing Bodies

- Grand Master Yeong C. Jeon of Martial Arts USA in Lexington, KY supervises the Parks and Recreation Department's curriculum and facilitates belt testing & promotion for Parks & Recreation's program.
- Martial Arts USA is governed by World Taekwondo (WT), the international federation governing the sport of Taekwondo.

Format & Goals

- Sessions are 6 weeks with one 45-minute class each week. Class attendance is important for mental retention, physical fitness, focus and discipline. Missing classes will make progress difficult.
- The goal is for students to have success in Taekwondo and to use the skills they learn in all aspects of their lives in order to achieve success in life and to use the focus and diligence practiced in class to reach any personal goal they may set.
- Other goals include teaching self-respect and respect for others, discipline, hard work, self-defense, fun, stretching and fitness.

Class Format & Uniforms

- Classes are age restricted (5-8 yrs old, 9-13 yrs old). Age restricted classes will have children of various belt levels.
- Taekwondo will challenge each student to his or her personal best. More advanced students will perfect basic skills and learn new skills while taking on the responsibility of helping teach and setting a good example for newer students.
- All students must wear a Taekwondo uniform to class, which must be purchased from the instructor. **The cost is \$50, payable to Martial Arts USA through the instructor (pricing subject to change).**

Belt Promotion

- To be eligible for belt promotion, students must maintain their responsibilities at home, show respect and a positive attitude towards parents and siblings, achieve good grades or improve grades in school, attend a minimum of 15 Taekwondo classes and understand and demonstrate proficiency in belt curriculum.
- Belt promotion (testing) is not a competition. It is a test of each student's personal best.
- Belt promotion is usually held mid-session on a non-class day at Martial Arts USA.
- Make-up testing is available if needed. Speak to the instructor if you need to schedule a make-up date.
- The belt promotion fee is \$50 and includes testing, the belt itself and wood boards for foot breaking techniques. ***Testing will take place at Master Jeon's Martial Arts USA, located on Reynolds RD across from the Shillito Park entrance. Belt testing fees are at the discretion of Martial Arts USA and are subject to change.**

(OVER)

Important Note:

*Though it is our desire for all who to participate to move towards achieving black belt status, Parks and Recreation can only provide instruction up through the **ORANGE BELT** level. If your child would like to continue his or her study of Taekwondo, then he or she will need to study at an official school. Parks and Recreation recommends Martial Arts USA in Lexington. Master Jeon supervises the instructors and progression of students in our programs and teaches the same form of Taekwondo your child will be practicing at Parks and Recreation. You can reach Martial Arts USA at (859) 224-0060.*

Belt Progression

No Belt

White (No formal testing. Awarded by the instructor during the first few weeks of class)

Yellow

Orange

Green

Blue

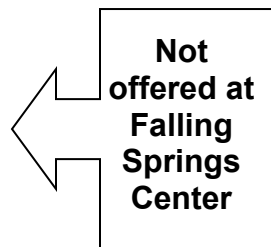
Purple

Brown

Red

Red Black

Black



Contact Information

- For information regarding class availability, times, registration and other administrative general info, please contact Amanda Waits at 859.873.5948 / await@vwcparksrec.com or Rainey Johns at 859.873.5948 / rjohns@vwcparksrec.com
- For information about your child's progress, make-up classes, belt testing or other class specifics, please contact your child's instructor, Clark Longhofer at 502.609.3804 / clonghofer79@yahoo.com
- For more information on Martial Arts USA, taekwondo classes, student advancement or other general questions about Taekwondo, please contact Master Young C. Jeon at Martial Arts USA at 859.224.0060 or mgrandmj2008@yahoo.com.